

## CALENDAR OF EVENTS

- Every 2nd Mon, 6:30pm - The Canyon Lake Storytelling Guild meets at the Gallery Coffee House at 1405 FM2673 in Sattler. Enjoy an evening of family stories as a listener or teller and complimentary coffee. Call 964-6457 for more information.
- Every 4th Tues, 6-8pm - The Canyon Lake Chamber of Commerce Business After Hours Mixer is hosted by a Chamber member. Location varies. Networking, refreshments, and door prizes. Call Bonnie at 964-2223 for information.
- Every Thurs, 1-1:30pm - "Looking at The Lake" KGNB 1420AM Radio Show, sponsored by the Chamber, focuses on local issues, news, membership, announcements and events for the upcoming week. It reaches 65,000 listeners throughout Comal, Hays and Guadalupe counties. Members interested in sponsoring shows should call Jaynellen at 964-2223.
- Every 1st Saturday, 12-3pm - Vaccination clinic at the Canyon Lake Animal Shelter, located at 2170 Old Sattler Road, behind the Dollar General in Startzville. Call 905-PETS (7387) for information.
- Thurs, Feb 8, 10am-Noon - Winter Texan Reception held at the CRRC Recreation Building to welcome the Winter Texans with brochures and information on entertainment and shopping locally. Call 964-2324 for information.
- Sat. Feb 10 - Community-wide Blood Drive sponsored by Canyon Lake area churches. Call 800-292-5534 for information.
- Fri, Feb 16, 6-9pm - 1st Annual Seniors' Prom at CRRC below the dam. See p.15 for more information or call Kristi at 964-3003.
- Sat, Feb 17 - Annual Make A Difference Gala fundraiser for New Life Children's Center is held at Barton Creek Resort & Spa in Austin and features Ray Benson & Asleep at The Wheel. Tickets are available now. For more information, call 964-4390 or visit [www.LSSS.ORG](http://www.LSSS.ORG)
- Tue, Feb 20, 7pm - The Lindheimer Chapter of the Native Plant Society of Texas will meet in the GVTC Auditorium at 36101 FM3159, New Braunfels (near Smithson Valley High School). Free to the public. Call 830-629-3661 for information.
- Tue, Feb 27, 6-8pm - Yogi Bear Jellystone Hill Country Park hosts the Chamber Mixer. Call 877-964-3731 toll free for information.
- Sun. Feb 25, 1-4 pm - KIDFISH is scheduled at the Hideout at Whitewater Sports on FM306 to teach kids 5-17 about fishing, conservation, and respect for the environment. For information call WORD at 830-907-2300.
- Wed Feb 28 - Public Forum and discussion of forecasts of future lake levels and corresponding river flows followed by a regular WORD Board Meeting starting at 6:45pm at CRRC in Sattler. For information call WORD at 830-907-2300.

## Changes



Changes are inevitable. Sometimes they are gradual, sometimes not. What's new, what's old, and what's changing around here? Texas weather. An ice storm on the heels of summer temperatures. Winter has unmistakably arrived. As a Texas native, I don't know why the sudden change surprises me – but it *is* February.

Time moves a little slower around the Lake in February. The pace slows as we move more activities indoors. We are drawn closer to the stove and hot coffee or cocoa for our brief winter. The snowbirds are welcomed with the 8th Annual Winter Texan Reception on February 8. There are plans for a new Senior's Prom on February 16. The new year is here and we know spring is just around the corner. And so we prepare, or we should.

This month's Community Profile is Ernie Pavlock. He's owned and operated his feed store, the *Hitching Post*, for 25 years with a smile that personifies "Canyon Lake Friendly". As a former Chamber President, it is fitting. Ernie wants you to start thinking about spring and lawns and gardens and pests and the best ways to prepare for them all. Read on and find out why.

In this issue, what's old? Dinosaur tracks. They are one of the most prolific sets of prints open to the public in Texas. They are threatened by exposure to the elements and in need of preservation. Read about them.

What's new? The old Lakeview Cafe. *The Texas Elegance Emporium & Bakery* has taken over in a fresh, sparkling transformation. They are our new business feature this month.

What else is changing? The girls at *New Life Children's Center* are changing from the inside out. At their annual gala fundraiser this month, success stories will be shared. Be there to help and listen.

Options to join in and volunteer are numerous with openings for every age group. There is much to learn in this issue. Read more and participate. I hope you enjoy.

*Sue*

*"Education is the most powerful weapon which you can use to change the world." Nelson Mandela*

*Sue Sweat, Publisher & Editor*

### ON THE COVER

*"Quiet Time" by Bill Adkisson*

*The Canyon Lake Views is a community magazine mailed free to all 7,000+ addresses in the 78133 zip code and distributed at key locations throughout the Canyon Lake area. Please recycle your duplicates. Deadline for the events calendar is the 1st of the month prior to publication. If you would like to promote your business or event, call 512-644-2093 or send an email to [info@CanyonLakeViews.com](mailto:info@CanyonLakeViews.com). Entire contents copyright©2007 by The Canyon Lake Views, 13501 Ranch Road 12, Suite 103, Wimberley, Texas 78676. The Canyon Lake Views is not responsible for the products, services or views contained in this publication.*

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# Canyon Lake Chamber of Commerce announces February events

by Jaynellen Ladd

Events are taking place in February that you may not want to miss. The Canyon Lake Chamber of Commerce is hosting the 8th Annual Winter Texan Reception for Snowbirds. You are invited if you are one. It will be held February 8 from 10am until noon at CRRC below the dam. Nearly 200 guests attended last year.

This year, like last, there will be entertainment, food, door prizes and fun getting together! The Chamber is adding a new feature – information tables! Members may ‘rent’ one-half of a six-foot table to display their information, and of course, to be on hand to answer questions and tell about their business – for only \$10. Space will be limited. The Chamber will also give out “welcome bags” to the guests, so contact us promptly if you would like to include something in the bag.

Visit the Chamber’s Winter Texan webpage online at [www.canyonlakechamber.com](http://www.canyonlakechamber.com). Members may place a free classified ad targeting Winter Texans. Take a look at the coupons, too. Free posting for is available for members!

Winter Texan packages are on hand for online requests or walk-



ins at the Chamber’s Visitor Center. If you would like to add your information to these packages, please call Bonnie or Jaynellen at 964-2223 for details or drop it off at 3934 FM 2673.

CRRC (Community Rec Center) is planning the 1st Annual Senior’s Prom to be held on Friday, February 16, at 6pm. Enjoy entertainment, a catered dinner, adult beverages, prom photos, plus awards will be presented. Formal dress is optional! All seniors and others in the

Canyon Lake, New Braunfels, and surrounding areas are invited to attend. For prom information, call Kristi (CRRC) at 964-3003.

The *Canyon Lake Blood Drive* will be held February 10 from 9am until 4pm. All area churches are participating to help give blood and the public is welcome! Locations are Super S Foods in Startzville and CRRC in Sattler. Call 830-625-5401 for more information.

*Jaynellen Ladd is the Executive Director of the Canyon Lake Chamber. For more information on community events and chamber activities, visit their website at [www.CanyonLakeChamber.com](http://www.CanyonLakeChamber.com) or call 964-2223 locally or tollfree at 800-528-2104.*



*New Business Feature by Sue Sweat*

Driving down 306 past the old Lakeview Cafe, you can’t help but notice it’s not the same anymore. After over 25 years and seven

different owners, Judy Ward has taken the old building and made it new again. Using her talents as an artist and designer, the result is classy, cozy, and warm. It reflects Judy’s style of Texas charm with European elegance. The decor appropriately fits its new name: *Texas Elegance Emporium & Bakery*.

Seated with a cup of fresh coffee at what Judy calls “the locals’ round table for fish tales”, her smile is as comforting as the aroma of the fresh baked goods. When she first walked in to her prospective location, she knew this was the place to combine her dreams: owning a retail shop and cooking recipes passed down from generations before. The fun she had decorating was the gravy.

Judy clearly enjoys socializing with the steady stream of customers who stop by for a cream Danish, a blueberry muffin, or turnovers. Homemade breads, pies, cakes and kolaches (that usually sell out) complete the selection. She serves desserts, coffee and tea from 8am to 6pm seven days a week. Soups, sandwiches made with her homemade breads, and a hot Lunch Special are served from 11-2, Monday through Thursday. Hot entrees are offered 11-4, Friday through Sunday.

Judy’s eyes sparkle when she delights in her accomplishment of meeting her goal. The establishment was open by their dead-

## *Texas Elegance Emporium & Bakery: Classy and comfortable*

line of December 15, one month from the time they took possession of the cafe. Her eyes also light up when she talks about her husband, Ernest. They eagerly emerged from retirement because they simply considered it boring. He is “the glue that holds us all together”, she says. Like her, he never stops moving.

*Texas Elegance Emporium & Bakery* also serves as a resource center for Hill Country craftsmen. With son, Aaron Dygert as the remodeler and custom cabinet maker, Judy has coordinated a package of electricians, plumbers and contractors for many renovations throughout the Hill Country, usually using the same capable crew for over 20 years. Pat Cope crafts impressive custom mantles from native woods and artistic rock work designs. His wife, Stacy, is an award-winning custom quilter.

Both Pat and Stacy and numerous others exhibit their crafts in Judy’s gift area. A rustic wagon displays seasonal gifts featuring themes of upcoming holidays – soon to be filled with Valentine gifts and candies, Victorian boxes, and more.

And if you stop in at just the right time, you will also still find “Thunder” there. After helping what is now eight different owners, she is clearly too valuable to lose. So even though we know some things often change, it seems that some things never do.

*Judy Ward is the owner-operator of Texas Elegance Emporium & Bakery along with her husband, Ernest Ward. It is located at 18259 FM306 across from the Hancock Plaza. Feel free to call 830-935-2998 to ask about daily specials and To Go orders.*



## Feeling good about the past

by Susan Turner



Ethnobotanists, scientists who study the relationship between plants and indigenous cultures throughout the ages, have been looking at skin care in a new way. By partnering with these cultures and supporting and protecting their environment – whether it's a rainforest, an island paradise, or glaciers – new and exciting opportunities arise to make the world a better place

and create strong bonds between the past, present and future.

As we continue to connect the knowledge of the global society we live in, the respect and celebration of our multicultural work seems to be bringing great minds together. Time proven formulas, ingredients and preparation methods of ancient times can now be studied and scientifically proven. Medicine people all over the world have a vast understanding of which plants help which skin conditions, but could not prove or thoroughly study isolated ingredients.

Pacific Northwest Native Americans tried to use glacial mud to make pots and failed because of the fine particle size. Later they noticed their hands were smoother and softer. Polynesian firewalkers put Hawaiian ti plant extract (cordyline terminalis) on to soothe, cool, calm and relax their feet. Native Americans discovered the use of yarrow and jewel weed to help with irritated, red, scaly, itchy or rashy skin conditions and the use of mint to calm aches and pains. Horse chestnut and eucalyptus also have cooling effects. Other comforting ingredients are mullein, chamomile, and Hibiscus flowers.

One of the most fascinating humectants for dry hair in the winter time is the ava puhi. It has been marketed for years but only the Hawaiians understand the importance of using only the true "moni" extract of the bulb instead of the whole plant. Polynesians are known for their beautiful, shiny, healthy hair and ava puhi is their secret. They would squeeze the nectar from the bulb directly onto their hair to cleanse and condition it.

All of us deal with dry skin during winter, so knowing these gifts from nature helps. Cacti are very efficient at retaining moisture they receive and extracts from them do the same for our tired, dry winter skin. Aloe vera was a favorite of Cleopatra as was rose oil. Crushed allspice berries blended with oils have been used by Central American healers for many moons for severe dryness and cracking heals brought on by extreme conditions imposed on their feet.

Giving back always feels good. These ethnobotanical creams, lotions, shampoos, and many skin care products not only benefit the user but help indigenous cultures appreciate their own knowledge. These products help save their environments, sustainability, and provide priceless global understanding of each other. The future of skin care often rests in the past. So give your body a treat from all over the world and feel good about it.

*Susan Turner has been involved in health, beauty, skin care and fashion for 33 years and is now working with Nu-Skin. She is available for beauty consultations, skin analysis and total makeovers. Re-create yourself and your skin by calling 512-847-1647 or 512-470-5474.*



## 1st Annual Senior Prom on February 16

by Kristi Fletcher

On Friday, February 16, the 1st Annual Senior's Prom will be held from 6 to 9pm at the Recreation Center below Canyon Dam. Dress in what makes you happy:

formal, tux, or casual. Senior prom photos will be taken underneath the decorated archway. Best Friends Band and will be performing. They play at the New Braunfels Senior Center and have quite a following. There will be a lot of dancing and music!

Food is being catered by Canyon Lake's own Ed Joy from Ed's Old Windmill. The meal will consist of chicken parmesan, pasta, salad, mixed veggies, and garlic bread. One glass of wine or beer and a corsage for the ladies or boutonniere for the gentlemen are included in the price. Tickets are \$25 per person and a good time is guaranteed for all.

Did you miss your senior prom or had so much fun you would like to do it again? Here's your chance! This will be the first time for this event but expect many more in years to come. And no, it's not just for Winter Texans and it's not just for seniors – everyone is invited! It's for anyone that wants to have great food, dance, and have a wonderful time.

*When Kristi, Program Director at CRRC, read an article about Corpus Christi having a Senior Prom for their Winter Texans, she thought, "I can do this!" And she has. For more information, contact Kristi at 964-3003 or the administration office at 964-2324.*

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